



Sacramento/Capital Region

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## Good Food News

The Newsletter of the Sacramento Region Food System Collaborative

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VALLEY VISION

Issue #3

April 2011

Dear Kristine,

It has been a great month for the FSC and its partners!

Congratulations to the [Sacramento Natural Foods Co-op](#) on being ranked #1 in the state by Greenpeace for sustainable seafood! See below for more information about this honor as well as an update on the work of the Governance Workgroup and news on exciting urban agriculture legislation recently passed in San Francisco. Additionally, we provide information about an opportunity to all Sacramento area residents to green their homes and reduce energy bills.

In addition to these exciting happenings, we were lucky to have two great presenters at our [quarterly convening](#) on April 5th: [Craig McNamara](#) from the [California State Board of Food and Agriculture](#) and Bob Erlenbusch from the [Sacramento Housing Alliance](#). Craig spoke about the state of small farms in California and Bob presented the findings of the Coalition's 2010 Hunger and Food Insecurity Report. Both presentations are available on our [website](#).

Don't forget to check out the Upcoming Events section! Our partners have a lot of exciting things going on in the coming months.

Enjoy the sun!  
Robyn

### Sac Co-op Ranked #1 in State for Sustainable Seafood

[Greenpeace](#) recently ranked the [Sacramento Natural Foods Co-op](#) first in the state for sustainable seafood. They scored 9.1 out of 10, with scoring based on five factors: Sustainable Seafood Policy, Support for Sustainability Initiatives, Labeling and Promotion of Sustainable Seafood, Number of Red List Seafoods on Sale, and Seafood Sustainability Score. To read their scorecard, and see how other California grocery stores ranked as well, visit the [Supermarket Scorecards](#)





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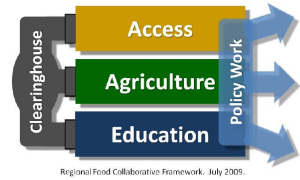


page and select California.



## Update: FSC Governance Workgroup

The Governance Workgroup held its second meeting on April 27th at Valley Vision. The workgroup approved the Vision Statement shared at the last FSC meeting and spent the remaining time developing a more concise mission statement, to be shared with the FSC at the next convening. The group also agreed to increase the number of meetings from six to nine, with the governing body sitting at the beginning of 2012. This change will allow the group to spend adequate time developing of the governance structure, ensuring greater chance of success in 2012. Our next meeting is scheduled for May 25th from 9:30-11:30AM at Valley Vision. We plan to discuss the Values statement and begin discussing representation of the governing body.



If you are interested in participating in the Governance Workgroup but have not been able to attend a meeting, you can still join us! Email [Adriane Lepage](mailto:Adriane.Lepage) to get additional details on participation.

## San Francisco Raises the Bar on Urban Ag

On April 20, 2011, San Francisco became the first major city in the United States to change its zoning to foster more urban farming and to enable the legal sales of produce and goods from urban gardens and farms. Paul Towers, from the [Pesticide Watch Education Fund/California Food Project](#) (one of our FSC partners), provided us with a great summary of this exciting legislation. Announced at [Little City Gardens](#) in San Francisco (see picture at right), the newly amended zoning code sets an important precedent for the region and country as cities lobby their local governments to allow for greater flexibility with urban gardening and farming, and provide their residents with local and non-toxic food options. To read his article, click [here](#).



## Energy Upgrade California

[Valley Vision](#) has partnered with [Ecology Action](#) to assist with [Energy Upgrade California](#). Energy Upgrade California is a program for property owners to find the resources they need to make home improvements that save energy and water. The program connects property owners with Participating Contractors who can help plan and complete the project, as well as help owners



Reduce energy use. Save money. Create jobs.

obtain rebates and incentives to help pay for it (potentially worth over \$9,000). Benefits of participating in the program include: increased energy and water efficiency, improved indoor air quality, reduced impact on the environment, and much more! To learn more about this program or to plan an upgrade, visit [www.energyupgradeca.org](http://www.energyupgradeca.org). Also see below to learn about the program's kick-off event on May 6th!

## UPCOMING EVENTS

### **Sacramento Mobile Food Festival**

**Date and Time:** April 30th, 12PM-6PM

**Location:** Fremont Park

**Focus:** Two dozen food carts from the Sacramento region and the Bay Area. For more information, visit the [event website](#).

### **SLUG Urban Farm Stand**

**Date and Time:** Every Thursday from 12PM-6PM, starting March 31st and ending June 30th

**Location:** 35th & Broadway, behind American Legion High School

**Focus:** The farm stand will be run by high school students from American Legion and is supported by SLUG. For more information visit [www.oakparkslug.org](http://www.oakparkslug.org).

### **Energy Upgrade California Kickoff Event**

**Date and Time:** May 6th, 10:00AM-2:30 PM

**Location:** SMUD Customer Service Center, 6301 S Street

**Focus:** Learn how the Energy Upgrade California program supports the state's long-term vision for energy efficiency and job creation. Keynote speakers in the morning; focused breakout sessions in the afternoon. Lunch will be served.

**Who should attend:** Local government, utility leaders, home owners, retailers, contractors, realtors, and energy-efficiency related non-profit organizations.

**Registration:** Event is free, RSVP required. To register, email [euceseventrsvp@ecoact.org](mailto:euceseventrsvp@ecoact.org) or call (831) 515-1372.

### **Bryte & Broderick Community Kick-Off**

**Date and Time:** May 7th, 8:30AM-6:30PM

**Location:** Bryte Park, Sacramento

**Focus:** One day Women's Soccer Tournament fundraising event benefiting the Broderick Urban Farm Stand & community projects in the Bryte and Broderick Neighborhoods. For more information, visit the [event website](#).

### **Farm to Table Spring Feast**

**Date and Time:** May 10th, 6PM-8:30PM

**Location:** Co-op Community Learning Center

**Focus:** Demonstration cooking class & dinner. \$59/person or \$49 Co-op owners. Visit [www.sacfoodcoop.com](http://www.sacfoodcoop.com) to register.

### **Think Globally, Act Locally: An evening with visionaries**

**Date and Time:** May 13th, 6PM-8:30PM

**Location:** Co-op Community Learning Center

**Focus:** Hear from two visionaries who are creating community through the planting of urban forests. \$15 includes a

vegetarian supper; wines for sale by the glass. Visit [www.sacfoodcoop.com](http://www.sacfoodcoop.com) to register.

**CALL FOR VOLUNTEERS! Homeless Connect 2011**

**Date and Time:** May 21st

**Location:** Sacramento City College

**Focus:** A one-day, one-stop resource fair for homeless folks, with an emphasis on hospitality and an overarching goal to bring the community together to support the services that help end homelessness. To volunteer, visit <http://handsonsacto.org>.

**A Day on the Farm**

**Date and Time:** May 22nd, 10AM-4PM

**Location:** Soil Born Farms

**Focus:** Check out their [flier](#) for a list of events and activities. \$5 suggested donation.

**Sunday Supper to Support Soil Born Farms**

**Date and Time:** May 29th and June 26th, 5PM-7PM

**Location:** Co-op Community Learning Center

**Focus:** \$25 per person. More information and a menu at <http://www.soilborn.org/events.html>.

**SAVE THE DATE! Food, Fun(ds), and Farmstands**

**Date and Time:** June 9th, 6:30PM-9PM

**Location:** 40 Acres Art Gallery (35th and Broadway)

**Focus:** Annual fundraiser for Alchemist CDC. Live music by [Hot Tar Roofers](#), finger food, and libations. \$20 in advance, \$25 at the door. Tickets can be purchased online at [www.alchemistcdc.org](http://www.alchemistcdc.org).

**For event updates, visit our [online calendar](#).**

**Want your events listed here? Email [Adriane Lepage](#) and we'll add it to our calendar so FSC members know about it!**

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